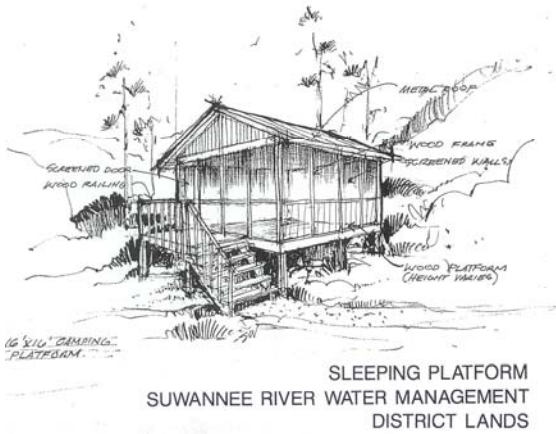


SBA Spring Hop Weekend Canoe & Kayak Trip

July 24-25, 2010

Contact: Edwin McCook; P. O. Box 456,
Live Oak, FL 32064; 386-362-6154;
E-mail - emccook@windstream.net



The 2010 trip will experience a section of the Middle Suwannee River with an overnight at the Adams Tract River Camp. The Middle Suwannee is wider and known as spring country.

Camping: We will camp on Saturday evening at the Adams Tract River Camp in the sleeping platforms. For those wanting to tent camp sites will be available. The River Camp has restrooms with showers and sleeping platforms, all you need is a sleeping pad and bag. Participants should bring a brown bag lunch for Saturday and food for the evening meal. Sunday morning breakfast and lunch is on your on. Participants are responsible for all food, snacks and water.

Canoe/Kayak Rentals: Participants needing to rent canoes or kayaks may do so from American Canoe Adventures2 386-294-1319 or www.canoesuwannee.com. American Canoe Adventures2 is located in Mayo.

Cost: \$10.00 per person – The trip is limited to 24 participants.

Unofficial Itinerary:

Saturday	Saturday	Middle Suwannee River Canoe Trip – Hal Adams Bridge to Adams Tract River Camp
		9:00 a.m. Registration at Hal Adams Bridge
		10:30 a.m. Orientation
		11:00 a.m. Depart for Adams Tract River Camp
		4:00 p.m. Arrive at Adams Tract River Camp
		Camp at Adams Tract River Camp
Sunday		Adams Tract River Camp to Ivey Memorial Park Branford
		8:30 a.m. Orientation
		9:00 a.m. Depart for Ivey Memorial Park Boat Ramp
		2:00 p.m. Arrive at Ivey Memorial Park Boat Ramp

Notice to all participants: *The Saturday and Sunday trip difficulty is easy.*

Please Detach and Send to the above address

Name: _____ Night Time Phone: _____

Address: _____ E-mail: _____

City: _____ State: _____ Zip: _____