2024 Spring Pedal Paddle "Road Bike 4 mile Time Trial"

Rules:

- 1. You must be an SBA Member to participate in the Road Bike Time Trial and a paid participant of the 2024 Spring Pedal and Paddle Event. No Exceptions
- 2. The Time Trial Route is posted to Strava. Any questions to the route please contacdt our Time Trial Official Ed Clay. SAG support number is located at the bottom of this notice.
- 3. The Road Bike Time Trial start is 9:00 am 3 May and will conclude at 4:00 pm 4 May. Riders can attempt multiple rides for score during the two day event. <u>At 4:00 pm on 4</u> <u>May, all rides for times must be submitted to the SBA Nellie Blys (Activity HQs for the weekend).</u>
- 4. No E Bikes of any kind are allowed to participate in the Time Trial
- 5. All participants for the Time Trial must be 18 or over
- 6. Trophies are awarded to the following categories
 - a. Fastest Time Male under 55 (1 Trophy)
 - b. Fastest Time Male over 55 (1 Trophy)
 - c. Fastest Time Female under 55 (1 Trophy)
 - d. Fastest Time Female over 55 (1 Trophy)
- 7. Start Time and Finish Times will be reviewed by SBA Course Official Ed Clay.

8. If there is any inclimate weather, the time trial will be suspended until the roads are dry. Safety First.

- 9. Riders for the Road Ride Time Trial event need to sign up at SBA Nellie Blys.
- 10. All Riders must use Strava to document their ride. This Strava documentation will be submitted to SBA Course Official for approval and score.
- 11. Any short cut will cause immediate disqualification of that particular rider.
- 12. This is a self paced, self start event. Please note, while this route is a low traffic route, there are vehicles that share this road. You do not have special privileges on the road. 321-848-8565 is the SAG support number for the event. 911 can also be called if there is a medical emergency.