

**Suwannee Bicycle Association**  
PO Box 247,  
White Springs, FL  
32096  
386-243-0115



*Come Out  
and Play  
with SBA!*

Cycling, Canoeing/Kayaking, Hiking

SBA News - Sept. 2011

## WHAT'S HAPPENING

**Oct. 7-9 Open House**

**Suwannee Fat Tire Festival,  
Oct. 21-23**

**Secret Santa Weekend -  
Dec. 9-11**

**SBA Jerseys - Coming Soon!**

**Improvements to SBA HQ**

**White Springs Bicycle Trails  
Bandanas**

## Membership Benefits

- Discounts on event registration fees.
- Privileges to use SBA headquarters and equipment.
- SBA open house weekends and other weekend adventures.
- Ididaride – preferred early registration.
- Rivers – explore the Suwannee region on land, canoe or kayak.
- Newsletter
- SBA email list for up to date information.
- Membership in a dynamic, fun-loving group.
- SBA website:

[www.suwanneebike.org](http://www.suwanneebike.org)

## Presidents Message

Where else can you enjoy great on and off road cycling, beautiful paddling, great hiking, camping and camaraderie? SBA open houses and events provide a wonderful retreat from our busy lives to enjoy this historic area. Did you know that in the late 1800's there were 14 luxury hotels and many more boarding houses to accommodate visitors who came by special excursion train to enjoy the area. We are so lucky that White Springs has retained its unique small town status and is actively engaged in ecotourism.

This year has been a year of building. Our new 10 mile trail inside Stephen Foster State Park is nearing completion. The Park chose the name Foster's Hammock Loop trail, submitted by SBA member, **Ron Wipp**. This name was one of about 12 that were submitted during our Spring Festival.

We are continuing to partner with the Town of White Springs to create a mountain bike skills practice area and a pump track. The Town has received permission for us to build a bicycle skills park on land that is close to the entrance to our Bridge to Bridge trail head (by the ball park and tennis court). The Town has applied for a Bikes Belong grant to help with the cost of this proposed bike park. SBA and the Town are continuing to explore avenues to start a youth cycling program in White Springs.

On a somber note, we lost a most valued member, **Rick Shore**. Rick's enthusiasm and spirit will continue to inspire all those who knew him. On Oct. 8, at the grand opening of our Foster's Hammock Loop trail, we will also honor Rick's life and contributions to SBA. Join us Oct. 8 at this special open house weekend. Local artist and former bike mechanic at Champion Cycling, **Jeff Luque** is finishing an original oil painting of Rick riding in Dupont, NC. The original will hang in **Sam Veal's** Moon Pie cabin. SBA will be selling prints of this remarkable art to raise money for our Ride with Rick Fund. Money raised will go to youth cycling programs in White Springs. I would like to thank all who have already donated money in memory of Rick. Rick was truly an extraordinary person who gave so much to everyone who knew him.

Please renew your membership, recruit new members and offer your time and services to SBA. Share the road, share the trail and share the passion!

**Sharon Shea**, President SBA

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## SBA Membership – Renew Today!!

SBA membership benefits include members only weekends where we may travel to other mountain bike areas and our annual Spring Hop (paddling) and Dog Days (paddling, off road and road riding). All SBA memberships expire Dec.31, 2011. Renew your membership for 2012 by using the form on the SBA website or through [www.active.com](http://www.active.com). Subscribe and receive SBA information: access [www.topica.com](http://www.topica.com) and follow the directions. If you move and/or change e-mail addresses, let us know your new addresses.

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[www.suwanneebike.org](http://www.suwanneebike.org)



## Board members

**President** - Sharon Shea,  
904.249.1307, sharonallen.shea@gmail.com

**Vice President** - OPEN

**Treasurer** - Scott Chase,  
352.367.4512, sachase@cox.net

**Secretary** - Joy Taylor,  
904.522.0437, taylorj5@stjohns.k12.fl.us

**Trails** - Tony Beavor,  
352.256.8522, biketony@cox.net

Dave Groover - 904.463.6367,  
dgroover1@comcast.net

Hans Guerrero - 904.248-1520  
jlggroup@comcast.net

**Event Coordinator** - Jeanne Hargrave,  
904.563.7724, biknjeanne@aol.com

**Liaison** - Edwin McCook  
386.362.6154, emccook@windstream.net

Dale Nanny - 321-698-6004  
dalenanny@aol.com

Mike West - 904.631.7494,  
mawestworld@aol.com

## Advisory board

**Web Master** - Jodi Chase,  
352.367.4512, jodibean@cox.net

**Membership** - Brent and Allison Baris,  
352.375.4050, brent@barislaw.com

Jeremy Floyd - 850.556.0564  
floydlanddesign@gmail.com

Mike Kelley - mckelley@bellsouth.net

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Mark Wiencek, 386.466.1871,  
mscca@comcast.net

**Editor** - Paul Calewarts  
904-885-5934, paulcal@bellsouth.net

## Oct. 7- 9 Open House

The October open house will be very special and we would like to invite you, your family and friends to attend. The grand opening ceremony of the Foster's Hammock Loop trail is Saturday, Oct. 8 at 10 a.m. This will be followed by a ride on the trail, where we will meet at the river overlook to dedicate a memorial to **Rick Shore**. Rick was very instrumental in helping **Tony Beavor** build this trail. Saturday evening, we will celebrate Rick's life at our potluck dinner. Trail volunteers are needed for Saturday afternoon and Sunday to help groom the trails for the Fat Tire festival.

## Suwannee Fat Tire Festival, Oct. 21-23

Register today so that you can enjoy group rides on our 75+ miles of trails. Ride the newly completed 10 mile Foster's Hammock Loop trail inside of Stephen Foster State Park. Other great things to do, include:

- Thursday night potluck
- Friday night Meet & Greet wine and cheese reception
- Friday night ride
- Haunted Headquarters Party, bon fire, costume contest and Huff Toss
- Breakfast (Saturday/Sunday); Saturday lunch
- Mike Kelly's Beginner Mountain Bike Clinic
- Photo Eco Hikes
- Saturday paddle
- Really cool event t-shirt
- Road rides (self-supported, maps available)

For more information or to download the registration form: [www.suwanneebike.org](http://www.suwanneebike.org) or use a credit card at [www.active.com](http://www.active.com). **Sharon Shea** 386.243.0115



## 2012 Board Openings

Do you love SBA? SBA has two openings on our board of directors. If you have participated at our events and would like to be in a leadership role, please consider becoming a board member. It is very rewarding and fun to be involved. We are flexible and can work around your schedule. Please contact Sharon Shea to discuss this opportunity to be part of the SBA leadership team.

## 2012 Trail Opportunities

Looking forward, there are still more trail building opportunities at Gar Pond and Big Shoals. As we continue to grow our trail system, it is very important that our members help to maintain this great network of trails. Please schedule time to come to our open house weekends to help with trail work. Many hands make like work.

## Ride Guides and Leaders

Ride guides are needed for our bike festivals! All ride-guides are required to attend SBA Ride Guide Training which is offered during open house weekends. Ride guides must be a member in good standing who have completed the required pre-event trainings and agree to apply their leadership and riding skills to guide, sag or sweep rides at an event. This qualifies you for reduced event registration. See event calendar for training weekends.

Ride Leaders: Contact **Jeanne Hargrave**

## Improvements to SBA Headquarters

Our building is undergoing some major renovations. We are finalizing plans for a new shower room, an upgrade to the bathroom and a new screened porch.

Earlier this year, we added a great awning out front and **David Groover** painted the front. The Town is redoing the road and side walk in front of headquarters. This will give our historic building a new look. *(continued)*



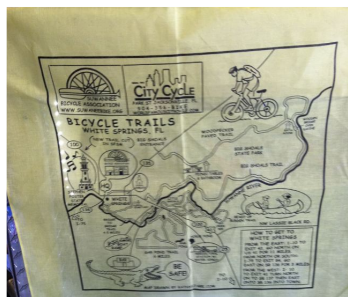
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One of the great benefits of belonging to SBA is the opportunity to use headquarters when not in use. Always leave it in good shape and let Walter know if anything needs attention. Contact **Walter McKenzie** if you would like to use headquarters when no events are planned at 386.269.0056; [mckenzie@windstream.net](mailto:mckenzie@windstream.net). With our upcoming renovations, please check before reserving headquarters.



### White Springs Bicycle Trails Bandanas

World Famous **City Cycle** created a great graphic of our trail system in White Springs and is selling White Springs Bicycle Trails bandanas in their shop in Jacksonville. We will also have them at our open houses and events for a donation. The proceeds from the donations will go to the Ride with Rick Fund to raise money for youth cycling in White Springs, including the Bike Park.



### Dog Days Weekend Recap

Approximately 35 members participated in this year's Dog Days weekend at Suwannee River State Park. This event is becoming more and more popular because it offers such great riding and spectacular paddling. Mountain bikers enjoyed the Anderson Springs loop, followed by a swim in the springs. **Jeanne Hargrave** provided several options for fantastic road rides, including an all time favorite that allows you to stop and swim at Madison Blue Springs. Because of low river levels, we found a new, beautiful section of the river to launch the tubers and kayaks. A rope swing into the river offered **Mark Nelson** and **Josh Allen** a little extra adventure. **Edwin McCook** also organized a full day paddle. Edwin has promised to lead a full day paddle at next year's Dog Days. Folks went all out in preparing excellent courses to share, including **Nancy Kelley's** cherry topped cake and **Dale Nanny's** homemade peach ice cream. Many thanks to **Tony Beavor** for providing the tubes and for mowing and maintaining Anderson Springs trail. For pictures, check out the links at our web site.

### SBA Jersey

A picture of the jersey is at the SBA website. Be one of the first to own this limited edition jersey. The first order of 30 jerseys should be in around Fat Tire Festival. If you are interested, contact **Scott Chase**, [sachase@cox.net](mailto:sachase@cox.net). We will be putting together a second order (perhaps with matching shorts). Price is \$50 for members and \$65 for non-members.



### Ho-Ho-Ho

Make plans now to attend this year's **Secret Santa Weekend**, December 9-11, 2011.

The festivities begin Friday evening at 8 p.m. at headquarters, with a wine and cheese kick-off while we trim the headquarters tree. On Saturday morning, at 7:30 a.m. at headquarters is breakfast followed by self-guided road rides and guided off-road rides.

Saturday evening at 6 p.m., drive or ride your bike through Stephen Foster State Park to see the magnificent "Festival of Lights". At 6:30 p.m., a SBA covered dish supper is shared, followed by a \$10 or less bicycle-related gift exchange.

On Sunday rides begin at 9 a.m.. Because of insurance requirements, this weekend is reserved for members only; however, non-members may join, and their membership will be good through the end of 2012.

**Please RSVP to Joy at [trekjoy@aol.com](mailto:trekjoy@aol.com) by December 6.**

The "Breakfast with Santa" event for local children has been moved up to Dec. 2, it is here that SBA gives bicycles and helmets away to local children.

### The White Springs Folk Club

The Folk Club, now in it's eighth year, presents an amazing diversity of talent and music from Florida, the United States, and even abroad.

\* Performances start at 7:30 p.m. on third Saturday of Sept through Nov and Jan through March at the Telford House.

\* Email reservations are recommended to assure your seat.

\* Suggested donation of \$12.50 per person includes refreshments.

**Email Walter for reservations or more info - [mckenzie@windstream.net](mailto:mckenzie@windstream.net)**



SUWANNEE BICYCLE ASSOCIATION, INC

Camping / Cabins

2011 - 2012 SBA Calendar

Oct. 7- 9

Open House – Trail Maintenance, Ride Guide Training

Oct. 21 - 23

Suwannee Fat Tire Festival – Sharon Shea

Dec. 9 - 11

Secret Santa (Festival of Lights) - members only weekend, Joy Taylor

Jan. 14 - 15

IDIDAPrep - Annual Board Meeting

Jan 21

IDIDARIDE - Jodi and Scot Chase

Feb. 11 - 12

Suwannee Sweetheart - Jeanie Hargrave

March 16-18

Open House & White Springs Azalea Festival (Saturday) - Hans Guerrero, Hanna Carroll

Stephen Foster State Park, White Springs,

Suwannee River State Park

Reserve America [www.reserveamerica.com](http://www.reserveamerica.com)

Suwannee Valley Campground (cabins),

White Springs, 386.397.1667

[www.suwanneevalleycampground.com](http://www.suwanneevalleycampground.com)

Kelly's Campground Cabins, White Springs,

386.397.2616

Ichetucknee Canoe & Cabins, 866.224.2064

<http://www.ichetuckneecanoeandcabins.net>

Spirit of Suwannee Campground (cabins),

386.364.1683

White Springs Bed and Breakfast

Historic Telford Hotel, 386.397.2000

White Springs B and B, 386.397.4252; (SBA

discount) <http://www.whitespringsbnb.com>

Motels

U.S. Inn, White Springs, 386.397.2155

Best Western Suwannee River Inn, Live Oak, 386.362.6000 (off 1-10)

Live Oak Econo Lodge, 386.362.7459

Holiday Inn Express Hotel, Live Oak, 1.888.890.0242

Holiday Inn, Lake City, 386.752.3901

Canoe/Kayak

American Canoe Adventures, 386.397.1309 or [www.acal.com](http://www.acal.com)

Suwannee Canoe Outpost, 386.364.4991 or [www.canoeoutpost.com](http://www.canoeoutpost.com)



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