



What's Happening?

Page

2 Board members

- Fat Tire Festival
- Kudos
- Local Accommodations

3 Events

- Ride Leaders/Guides
- Volunteers Corner
- SBA Headquarters
- Follow the Trail
- SBA Calendar
- Princess Preserve
- Dauset

4 SBA membership application

Membership Benefits:

- **Discounts** on event registration fees
- **Privileges** to use SBA headquarters and equipment
- **SBA open house weekends** and other weekend adventures
- **Rivers** - explore the Suwannee region on land or by canoe and kayak
- **Newsletter**
- **SBA E-mail List Server** for information and activity announcements
- **Membership** in a dynamic, fun-loving group
- **SBA website:** www.suwanneebike.org

Secret Santa Dec. 7-9

It's not too late to join the gang for a stress free Secret Santa weekend at White Springs. It includes off road and on road rides and a century on Sunday. The Christmas parade in White Springs is Saturday and the city and park are festooned with lights. **7 p.m., Friday** night, we will have cheese fondue and tree decorating party. **5 p.m. Saturday** meet at headquarters for the Christmas parade that starts at **5:30 p.m.** Be creative and decorate your bikes. Bring treats to throw to the crowd. Next bring your favorite dish for our potluck dinner at Headquarters and a gift for the exchange (bike related gift under \$10). Throughout the evening area children and their families will be arriving to pick up their **new bikes and helmets** provided by SBA to deserving children in White Springs. Nothing says "Merry Christmas" like a brand new bicycle! To donate to the Christmas Bike fund or for more information, contact Santa's helpers, **Mari Towle and Jerry Willert;** vt0925@yahoo.com

Message from the President

There is a chill in the air and lots of fun to be had this time of year! The Fat Tire Festival was a blast, perfect weather and wonderful folks! Secret Santa is always fun; the town shines with the spirit of Christmas. It's a weekend you will always remember! We are also preparing for the Ididaride which filled in record time and after that the Sweetheart Cycling Weekend and Century. March's open house is one of my favorites with the weather warming and the Wild Azalea Festival. Lodging fills up fast on event weekends so mark your calendars and make your reservations ahead of time. Stephen Foster has made lots of improvements within the park. Gar Pond has a new parking area and Bridge to Bridge has a new river look out.

As the New Year begins, we have opportunities for new board members and a new membership secretary. If you are

interested in either of these positions, please let me know. With all this said, go out and buy yourself some tights and ear warmers and keep on sharing the road, sharing the trail and sharing the passion! Happy Holidays! *Kim Frawley*

IDIDARIDE Volunteers needed

Want to participate? You can as a volunteer. Volunteers get a t-shirt, meals and much gratitude and you get to be part of the excitement and fun of the Ididaride! Contact Kim Frawley at woodbike@bellsouth.net to find out more.

Suwannee Sweetheart Cycling Weekend and Century

Feb. 9 – 10, White Springs. Saturday offers a 40 mile ride to Live Oak and a 12 mile paved ride to the Woodpecker Trail. No rest stops; however, there is a SAG and ride leader. Bring a dish and enjoy a pot luck dinner Saturday night at Headquarters.

Sunday, the rides are 25, 52, 62 and 100 miles. The longer rides start at 8 a.m. The 25 mile ride starts at 9:30 a.m.

Pre-registration fee is \$20 and includes breakfast both days, rest stops, and Sunday ride dinner. Day of event registration is \$25. Saturday only is \$5 or *free* for SBA members. Only pre-registered cyclists who order a t-shirt will receive one. Long-sleeved is **\$15**, short-sleeved **\$10**. **XXL** sizes are \$1.50 extra.

Download the registration form from SBA website. Contact Jeanne Hargrave, biknjeanne@aol.com. 904.563-7724.

Renew for 2008 and Recruit New SBA Members

It's that time of year! Memberships expire **December 31, 2007. Renew today!** You can now join SBA through **Active.com** and use a credit card. Or fill out the form on the back of this newsletter and pay by check.

Please **renew** your membership and **recruit** new members by sharing this newsletter with your family and friends. Remember, some of our events are members only such as **Dauset** trips, **Princess Preserve** weekend and our **Suwannee Spring Hop**. Members also receive **discounts** for our festivals (Spring Festival is coming soon). An SBA membership pays for itself when members participate!

Board members

Kim Frawley, president,
904.797.7290
woodbike@bellsouth.net
Rick Shore
vice president,
shore228@aol.com
904.249.0045
Jerry Willert, treasurer,
352.344.1004
jwillert43@yahoo.com
Joy Taylor,
secretary,
904.522.0437
taylorj5@stjohns.k12.fl.us

Board members

Tony Beaver, trails
352.317.7920
biketony@cox.net
Scott Chase, event
coordinator
352.367.4512
sachase@cox.net
Jeanne Hargrave, event
coordinator
904.563.7724
biknjeanne@aol.com
Edwin McCook, liaison
386.362.6154
emccook@alltel.net
Sharon Allen Shea,
newsletter
904.249.1307
sharonallen.shea@gmail.com

Advisory board

Lys Burden, advisor
386.454.3304
wpburden@aol.com
Jodi Chase, web master
352.367.4512
jodibean@cox.net
Gene Currin, volunteers
229.244.1955
gcurrin@automedical.com
Wade McGinty, water
program
904.247.9836
wademcinty@aol.com
Chandler Otis, road ride
coordinator
352.376.4963
chanbike@aol.com
David Pharr, liaison
386.364.4991
outpost1@lani.net
Mari Towle, membership
352.344.1004
vt0925@yahoo.com

Fat Tire Festival — SPOOKY

SPECTACULAR was simply wonderful. We all enjoyed the Wine & Cheese Meet & Greet, scary movies, bonfires, huffy toss, costume contest and more. The campsite decorations were great and really appreciated by adults and children. The **Trail of Fear** was especially terrifying and spectacular with some great special effects and scary ghouls. A record number of riders participated in the **Beginners Mountain Bike Clinic**. The river level was high so many folks also enjoyed a scenic Suwannee River paddle trip. Congratulations to the hardy folks that participated in the **Try the Triple**, an endurance event which included paddling, cycling and trail running. It was great seeing so many of our SBA members and being able to share our trails with so many new SBA members and guests. Many thanks to **Drew Johnson**, **City Cycle** bike shop, who set up their tent and offered some great deals on biking apparel and also helped with the minor repairs. Other Jacksonville bicycle shops that contributed merchandise for our raffles and prizes included **American Bicycle**, **Champion Bicycle** and **City Cycle**. Feedback was overwhelming positive for this event...so you can expect more of the same for next year's Fat Tire spooky spectacular.

KUDOs

Fat Tire Festival had many great ride guides and volunteers. Special thanks to Tony Beaver (Try the Triple, movies), Kim Frawley (Trail of Fear), Edwin McCook (Eco Photo Hike), Mike Kelley (Mnt. Bike clinic), Mark Nelson (bonfires). Big thanks to our ride guides who also handled many other tasks including setting up and tearing down and trail maintenance: Rick Shore, Dave Groover, Mike West, Abby Taylor, Joy Taylor, Jerry Willert, Mari Towle, Wayne Mihlebach, Frank Benedetto, Steve Buskirk, Erik Amsbury, Jon Leeson, Mick Shea, Tish Nelson, Brent Baris, Rudy Miller, Trey Taylor, Drew Johnson. Thanks also to our volunteers who helped with registration, meals and more: Nancy Kelley, Karen Dye, Joan Dashiell, Dory Bixler, Maia McGuire, Gene Currin, Hanna Carrol, Melinda Koken. Thanks also to Drew Johnson, CityCycle, and Matt Hice, Bicycles, Etc. **for helping with bike repairs**. As you can see, it takes quite few dedicated volunteers to put on an event. And a **BIG thanks** to all our **Fat Tire families and friends** for attending, participating and sharing a great weekend with SBA.

Thank you, **Sam Veal**, for coordinating **Dauset Thanksgiving** weekend.

Have a wonderful holiday season and a great 2008!

Camping / Cabins

Stephen Foster State Park, White Springs, Reserve America at 800.326.3521 or www.reserveamerica.com

Suwannee Valley Campground (cabins), White Springs, 386.397.1667
www.suwanneevalleycampground.com

Kelly's Campground Cabins, White Springs, 386.397.2616

Ichetucknee Canoe & Cabins, 866.224.2064
<http://www.ichetuckneecanoeandcabins.net>

Spirit of Suwannee Campground (cabins), 386.364.1683 (Suwannee Springs, 15 miles from White Springs)

Suwannee River State Park, Reserve America at 800.326.3521 or www.reserveamerica.com

Bed and Breakfast

Adams House Bed and Breakfast, White Springs, 386.397.1915

Historic Telford Hotel, White Springs, 386.397.2000

White Springs Bed and Breakfast, 386.397.4252; (discount for SBA)
<http://www.whitespringsbnb.com>

Motels

Suwannee River Motel, White Springs, 386.397.2822

U.S. Inn, White Springs, 386.397.2155 (I-75 & CR 136)

Best Western Suwannee River Inn, Live Oak, 386.362.6000 (off I-10, 4 mi. from Suwannee River State Park)

Live Oak Econo Lodge, 386.362.7459 (13 miles from White Springs; 4 mi. from Suwannee River State Park)

Holiday Inn Express Hotel, Live Oak, 1.888.890.0242

Holiday Inn, Lake City, 386.752.3901 (14 miles from White Springs)

Canoe/Kayak

American Canoe Adventures, 386.397.1309 or www.aca1.com

Suwannee Canoe Outpost, 386.364.4991 or www.canoeoutpost.com

Ichetucknee Canoe & Cabins, 866.224.2064
<http://www.ichetuckneecanoeandcabins.net>

Ride Guides and Leaders

All ride-guides are required to attend SBA Ride Guide Training which is offered during our open houses. Log your hours on the trail or road under the direction of our qualified Ride Leaders (road) or Guides (off road) to accumulate hours toward ride leader/guide status. Ride guides must be members in good standing who have completed the required pre-event trainings and agree to apply their leadership and riding skills to guide, sag or sweep rides at an event. This qualifies you for a free or reduced event registration. *See event calendar for training weekends.*
Ride Guides: Contact Rick at shore228@aol.com
Ride Leaders: Contact Jeanne at BiknJeanne@aol.com

Volunteers Corner

SBA volunteers make up the foundation of this club. Help plan and coordinate events, work a few hours at an event, lead rides. Consider donating your time or special skills to help your club grow. Age is no limit; make this a family volunteer event. When and where you volunteer depends on the nature of the services you want to provide. You may volunteer during certain hours at events, open houses or other weekends. E-mail Gene Currin: gcurrin@automedical.com. Type "Volunteer" in the subject line. Provide the following information:

- The type of position you want to fill
- Personal experience that will help with this position
- What days/hours you can volunteer
- Your e-mail address
- Acknowledgement that this is not a paid job

Bike shop Liaisons are needed. It easy...just let us know where you live, what bike shops you frequent, and we will send you brochures to distribute to those shops. Help SBA save on postage. Complete the information on the application form or e-mail the membership secretary.

SBA Headquarters

If you would like to use headquarters when there are no events planned or help improve our headquarters, Walter can answer your questions. **386-397-2420**
mckenzie@alltel.net.

Membership/SBA Internet Users

SBA maintains a free list server through sba@topica.com to inform subscribers of SBA events. Subscribe and receive SBA information: access www.topica.com and follow the directions, or contact Mary at vt0925@yahoo.com. **If you move and/or change e-mail addresses, let us know your new addresses.**

Princess Preserve Weekend March 2008

Join SBA for an Easter weekend of camping, paddling and cycling (road and off road) at a private preserve located on the beautiful marsh and intercoastal just west of Marineland outside of Bunnell, FL. This is an unplugged weekend limited to 30 SBA members. In January, look for a topica e-mail with registration details.

Dauset, GA –Thanksgiving Weekend

A group of our hardy riders camped and rode at Dauset Preserve just north of Macon, GA over Thanksgiving weekend. **Sam Veal, Dave Groover, Mari Towle, Jerry Willert, Mike West, Tony Beavor, Judy Richards, Scott Chase, Gene Currin, Krin Costner, Mary Kay, Debbie McGready, Hanna Carroll, Chris Bolton and Jenny.** Dauset offers wonderful mountain biking. Not too extreme for the newer riders, but challenging enough for the advanced riders. Miles of trails loop through pristine terrain, gentle climbs and fun down hills.

The only way you can camp at Dauset, a private preserve, is as part of an organized group. A new two mile trail is being built to link the Dauset trails to Indian Springs State Park campground. This is an alternative for our RV members who want the amenities of a full service campground during our reserved Dauset weekends.

2008 SBA Calendar

Date	2007- 2008 Events
Dec. 8-9, 2007	Secret Santa Weekend and Century , Coordinator Mari Towle and Jerry Willert
Jan. 19, 2008	IDIDARIDE 2008 , Coordinators Jodi and Scott Chase and Kim Frawley
Feb. 9-10	Suwannee Sweetheart Ride and Century 2008 , Coordinator Jeanne Hargrave
March 15-16	March Open House (Wild Azalea festival)
March 21-23	Princess Preserve - Unplugged Paddle and Cycle weekend
April 12-13	April Open House
May 2-4	Spring Bicycle Festival <i>Coordinator needed</i>
July 19-20	Spring Hop Coordinator, Edwin McCook
Aug. TBD	Dog Days
Oct. 24 - 26	Fat Tire Festival– Spooky Spectacular
Nov. TBD	Dauset Preserve
Dec. TBD	Secret Santa

Give the gift of SBA membership to your family and friends this holiday season.

2008 SBA Membership Application

Name(s): _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone Numbers: _____

E-mail Address: _____

Newsletter preference: hard copy of the newsletter online and via e-mail

Subscribe to Topica List Server:

I am interested in the following opportunities: Volunteer Ride guide (off road) Ride lead (on road) Trail maintenance

Bike shop liaison for _____ city/ies

Other _____

Membership Type: New member Renewing Member \$25 Individual \$35 Family

Make your check payable to Suwannee Bicycle Association; mail to 12585 East Walton Drive, Floral City, FL 34436

Read and sign below: In submitting this application, I hereby make known that I will hold blameless in the case of accident, injury, or damage of any kind the Suwannee Bicycle Assoc, its officers, members and volunteers. I recognize that bicycling is potentially dangerous, and I represent that I am a competent cyclist with safe equipment. I understand that I participate in club activities at my own risk, further recognize that safety is my personal responsibility and I agree to participate in keeping all Suwannee Bicycle Assoc. rides safe. I agree to hold the club (ride, event) harmless and indemnify the club (ride, event) for all costs, judgments and awards that may be claimed including the cost to defend such claims brought by you or another in your behalf or that of others. I also understand that helmets are required on all club rides and events.

Signature: _____ Date: _____

Suwannee Bicycle Association
1309 Noe Court
Neptune Beach, FL 32266

Register NOW for the
Suwannee Sweetheart,
Feb. 9-10

SBA News Today: Share this newsletter and our Web site with your family and friends.