



## What's Happening?

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#### Membership Benefits:

- **Discounts** on event registration fees
- **Privileges** to use SBA headquarters and equipment
- **SBA open house weekends** and other weekend adventures
- **Rivers** - explore the Suwannee region on land or by canoe and kayak
- **Newsletter**
- **SBA E-mail List Server** for information and activity announcements
- **Membership** in a dynamic, fun-loving group
- **SBA website:**  
[www.suwanneebike.org](http://www.suwanneebike.org)

### Fat Tire Festival – Nov. 3-5

This year's festival will include many of your favorite activities such as the famous Huff Toss Saturday evening, movies at headquarters each evening and a bonfire, as well as some new events and fun activities.

Since Nelly Bly's Kitchen is not available this year, we are planning a **Wine and Cheese** party Friday afternoon and a potluck dinner at Headquarters. Saturday, enjoy a great buffet dinner at the **Historic Telford Inn**. Continental breakfast, including Tony's pancakes or oatmeal, will be provided each morning at Headquarters.

Our Fat Tire Festival offers off-road riding for all levels of riders from **beginners** to **experts**. White Springs has over 50 miles of beautiful trails. We will also offer rides at San Felasco and/or Anderson Springs for those who don't mind an hour drive.

For the first time, we will offer a free **Beginners Mountain Bike Clinic** on Saturday morning. Taught by **Mike Kelley**, certified mountain bike instructor and former member of the Alachua County Fire Rescue Bike Team, riders will learn the basics and then get to practice their new skills on some of the easier trails. (You must have a mountain bike to participate in the clinic.)

We will have raffles where you can win cash, a new mountain bike or free bike maintenance for one year.

You can also sign up for a **paddle trip** on the beautiful Suwannee River for an additional fee or bring your own kayak or canoe for no additional charge.

If you like exploring and photography, join the **Eco Photo tour** on Saturday afternoon led by **Edwin McCook**.

Another new event this year is the **Try the Triple Endurance Race** on Sunday. It is a 3 mile paddle, 2 mile trail run and 5 mile off road ride. An additional fee is required.

**GoneRiding.com** is offering a six hour endurance race, **The Gar Pond**

**Gallop**, on Saturday. Register for this separate event at Active.com or GoneRiding.com. This is a fundraiser for SBA.

**This year you MUST make your own reservations for camping or other lodging.** See page two for more information about lodging and camping. If camping at Stephen Foster, please try to get your group together to share sites.

Download a registration form at [suwanneebike.org](http://suwanneebike.org). For more information, contact **Jodi Chase** at **352.367.4512** or [jodibean@cox.net](mailto:jodibean@cox.net).

### Dauset, GA – Nov. 24-26

SBA riders have discovered a great weekend getaway — Dauset Trails Nature Center. Located just northwest of Macon, GA, it offers spectacular off road riding along clear water creeks through natural terrain that features wooded rolling hills. Dauset Trails Nature Center also includes more than just miles of great biking trails. It has a nature center, animal exhibits and a beautiful private camping area. Camping is only for organized groups such as SBA. An hour drive north is the Olympic mountain bike course that provides some more challenging terrain. Thanksgiving weekend, **Sam Veal** has again organized an **SBA members only** weekend. It's a real deal especially since it only costs you \$5 per night. Reserve now: **Sam Veal** at [saveal@bellsouth.net](mailto:saveal@bellsouth.net) or **904.285.8392**.

### Secret Santa Open House Dec. 9-10

Sneak away from the holiday hassle and enjoy a laid back weekend at White Springs. This weekend offers both off road and on road rides. One highlight of the weekend is the Christmas parade in White Springs on Saturday. Friday night, help decorate our SBA float followed by our annual Christmas party and gift exchange (\$10 bike related gift limit). Saturday at **4 p.m.**, prior to the parade, there will be a **wine and cheese party** at Headquarters. Decorate your bikes and be part of the parade. Parade starts at **5:30 p.m.** followed by a potluck dinner at Headquarters. Another highlight of the weekend is when we give new bicycles and helmets to 5 deserving children in White Springs. Nothing says "Merry Christmas" like a brand new bicycle! To donate to the Christmas Bike fund or for more information, contact Santa's helper, **Kim Frawley**, at [woodbike@bellsouth.net](mailto:woodbike@bellsouth.net).

## Board members

**Bill Wills**, president,  
850.656.7987  
[billw@mail.co.leon.fl.us](mailto:billw@mail.co.leon.fl.us)  
**Kim Frawley**,  
vice president,  
904.797.7290  
[woodbike@bellsouth.net](mailto:woodbike@bellsouth.net)  
**Jerry Willert**, treasurer,  
352.344.1004  
[jwillert@msn.com](mailto:jwillert@msn.com)  
**Joy Taylor**,  
secretary,  
904.522.0437  
[taylorj5@stjohns.k12.fl.us](mailto:taylorj5@stjohns.k12.fl.us)

## Board members

**Tony Beavor**, trails  
904.813.9612  
[btonybea@aol.com](mailto:btonybea@aol.com)  
**Scott Chase**, event  
coordinator  
352.367.4512  
[sachase@cox.net](mailto:sachase@cox.net)  
**Jeanne Hargrave**, event  
coordinator  
904.264.7168  
[biknjeanne@aol.com](mailto:biknjeanne@aol.com)  
**Edwin McCook**, liaison  
386.362.6154  
[emccook@alltel.net](mailto:emccook@alltel.net)  
**Sharon Allen Shea**,  
newsletter  
904.249.1307  
[sharonallen.shea@gmail.com](mailto:sharonallen.shea@gmail.com)  
**Sam Veal**  
904.285.8392  
[saveal@bellsouth.net](mailto:saveal@bellsouth.net)

## Advisory board

**Lys Burden**, advisor  
386.454.3304  
[wpburden@aol.com](mailto:wpburden@aol.com)  
**Jodi Chase**, web master  
352.367.4512  
[jodibeane@cox.net](mailto:jodibeane@cox.net)  
**Gene Currin**, volunteers  
229.244.1955  
[gcurren@automedical.com](mailto:gcurren@automedical.com)  
**Wade McGinty**, water  
program  
904.247.9836  
[wademcinty@aol.com](mailto:wademcinty@aol.com)  
**Chandler Otis**, road ride  
coordinator  
352.376.4963  
[chanbike@aol.com](mailto:chanbike@aol.com)  
**David Pharr**, liaison  
386.364.4991  
[outpost1@lani.net](mailto:outpost1@lani.net)  
**Mari Towle**, membership  
352.344.1004  
[met925@msn.com](mailto:met925@msn.com)

## June Open House

SBA's June open house offered perfect riding and paddling weather. About twenty SBA members took kayaks and canoes down the Suwannee River Saturday. The low water made for beautiful limestone rock formation overhung with lichens, moss and ferns. In places, water dripped forming small rivulets like miniature water falls. Wide sandy beaches were great for our picnic and swimming. **Frank Benedetto** decided to drag his kayak up the high sand dune and launch it for a wild toboggan ride back down into the river. **Trey Taylor** explored a clear water side creek and came across several deer. Saturday night's potluck dinner had a good assortment of yummy dishes. **Kim Frawley's** build your own ice cream sundae was the favorite. Thanks to all our members and their guests who made this a great weekend. Special thanks to **Edwin McCook** for coordinating the paddle trip.

## Dog Days Weekend

Imagine the Suwannee River with rapids. That is what SBA floaters experienced Saturday afternoon while tubing down the river. Low water conditions made for a pleasant three hour float with a few exciting rapids to navigate. We put in at Suwannee River State Park and took out at Anderson Springs. Along the way, we watched scuba divers as they searched for prehistoric fossils including giant shark's teeth, Indian arrow heads and mastodon bones. It was amazing to see these wonderful reminders of our ancient history. Saturday evening's potluck was great even with the rain. The lightening storm was impressive, and we were glad to be sheltered in the pavilion area. **Tony Beavor** served up great a pancake breakfast on Saturday and yummy oatmeal on Sunday morning. Friday and Saturday night SBA members enjoyed watching movies at the pavilion. Road riders enjoyed the low traffic, scenic country roads while off road riders had a great ride at beautiful Anderson Springs trail. The river water and springs were clear and cool. The Sunday morning road ride to Madison Blue Springs was slightly overcast which made for pleasant riding, but most of us did not feel the need to jump in the crystal clear 72 degrees springs; there is always next year's Dog Days. Many thanks to **Bill Wills** and **Tony Beavor** for putting on a great Dog Days weekend.

## Camping / Cabins

<b>Stephen Foster State Park</b> , White Springs, Reserve America at 800.326.3521 or <a href="http://www.reserveamerica.com">www.reserveamerica.com</a>
<b>Suwannee Valley Campground (cabins)</b> , White Springs, 386.397.1667 <a href="http://www.suwanneevalleycampground.com">www.suwanneevalleycampground.com</a>
<b>Kelly's Campground Cabins</b> , White Springs, 386.397.2616
<b>Ichetucknee Canoe and Cabins</b> , 866.224.2064 <a href="http://www.ichetuckneecanoeandcabins.com">http://www.ichetuckneecanoeandcabins.com</a>
<b>Spirit of Suwannee Campground (cabins)</b> , 386.364.1683 (Suwannee Springs, 15 miles from White Springs)
<b>Suwannee River State Park</b> , Reserve America at 800.326.3521 or <a href="http://www.reserveamerica.com">www.reserveamerica.com</a>
<b>Bed and Breakfast</b>
<b>Adams House Bed and Breakfast</b> , White Springs, 386.397.1915
<b>Historic Telford Hotel</b> , White Springs, 386.397.2000
<b>Motels</b>
<b>Suwannee River Motel</b> , White Springs, 386.397.2822
<b>U.S. Inn</b> , White Springs, 386.397.2155 (I-75 & CR 136)
<b>Best Western Suwannee River Inn</b> , Live Oak, 386.362.6000 (off 1-10, 4 mi. from Suwannee River State Park)
<b>Live Oak Econo Lodge</b> , 386.362.7459 (13 miles from White Springs; 4 mi. from Suwannee River State Park)
<b>Holiday Inn Express Hotel</b> , Live Oak, 1.888.890.0242
<b>Holiday Inn</b> , Lake City, 386.752.3901 (14 miles from White Springs)
<b>Canoe/Kayak Info</b>
<b>Suwannee Canoe Outpost</b> , 386.364.4991 or <a href="http://www.canoeoutpost.com">www.canoeoutpost.com</a>
<b>American Canoe Adventures</b> , 386.397.1309 or <a href="http://www.aca1.com">www.aca1.com</a>

## IDIDARIDE – Jan. 20, 2007

Experience an endurance challenge by riding 50 miles on the trails in the White Springs area. Entry fee of \$45 with a \$5 discount for SBA members includes continental breakfast, mid-ride lunch and buffet dinner after the ride. Register early as this event sells out every year since it is limited to the first 250 registrants. For more information or to register, visit our website: [suwanneebike.org](http://suwanneebike.org).

**Sept. and Oktoberfest Open Houses – Sept. 23-**

**24, Oct. 21-22.** Two great open house weekends give you an opportunity to participate in rides, help around Headquarters or just enjoy the camaraderie of SBA. Enjoy a little trail maintenance and ride guide training as we prepare for the upcoming Fat Tire Festival. Potluck dinner at Headquarters is on Saturday. These are required weekends for ride guides. All members are invited to ride and enjoy the beautiful fall colors and cooler temperatures of the Suwannee.

**Ride Guides and Leaders**

All ride-guides are required to attend SBA Ride Guide Training which is offered during our open houses. Log your hours on the trail or road under the direction of our qualified Ride Leaders (road) or Guides (off road) to accumulate hours toward ride leader/guide status. Ride guides must be a member in good standing who have completed the required pre-event trainings and agree to apply their leadership and riding skills to guide, sag or sweep rides at an event. This qualifies you for a free or reduced event registration. *See event calendar for training weekends.* Ride Guides: Contact Scott at [sachase@cox.net](mailto:sachase@cox.net). Ride Leaders: Contact Jeanne at [BiknJeanne@aol.com](mailto:BiknJeanne@aol.com)

**Follow the Trail**

Trail work is an ongoing club effort. **Tony Beavor** has added a new section of trail to the Anderson Springs. The new stretch of Chessum trail in White Springs by Little Shoals is very rideable now. If you enjoy trail work or would like to learn more about developing trails, e-mail Tony at [btoneybea@aol.com](mailto:btoneybea@aol.com).

**Volunteers Corner**

SBA volunteers make up the foundation of this club. Help plan and coordinate events, work a few hours at an event, lead rides. Consider donating your time or special skills to help your club grow. Age is no limit; make this a family volunteer event. When and where you volunteer depends on the nature of the services you want to provide. You may volunteer during certain hours at events, open houses or other weekends. E-mail Gene Curran at [gcurrin@automedical.com](mailto:gcurrin@automedical.com) with "Volunteer" in the subject line. Provide the following information:

- The type of position you want to fill
- Personal experience that will help with this position
- What days/hours you can volunteer
- Your e-mail address
- Acknowledgement that this is not a paid job

**SBA Headquarters**

Contact **Walter McKenzie** if you would like to use headquarters when there are no events planned. Do you want to help improve our headquarters? Walter can also answer your questions about ways to help spruce up headquarters. **386.397.2420** [mckenzie@alltel.net](mailto:mckenzie@alltel.net).

**SBA Calendar**

Date	2006 - 2007 Events
<b>Sept. 23 –24</b>	Open House (ride guide training and trail work)
<b>Oct. 21 – 22</b>	Oktoberfest Open House (ride guide training and trail work); Host: Joy Taylor
<b>Nov. 3 – 5</b>	<b>SBA Fat Tire Festival</b> at Stephen Foster State Park in White Springs, Host: Sam Veal
<b>Nov. 24-26</b>	<b>Dauset, Georgia</b> , mountain biking and camping at a private preserve (SBA MEMBERS ONLY); Host: Sam Veal
<b>Dec. 9 – 10</b>	<b>Secret Santa Open House and Century Ride</b> ; Host: Kim Frawley and Joy Taylor
<b>Jan. 13-14</b>	Open House & IdidaPrep; Host: Bill Wills
<b>Jan. 20</b>	<b>Ididaride</b> ; Host: Bill Wills
<b>Feb. 10-11</b>	<b>Suwannee Sweetheart Cycling Weekend and Century</b> ; Host: Jeanne Hargrave

**KUDOS**

**Edwin McCook** deserves a big thanks coordinating the canoe and kayak trip at our June open house. **Bill Wills** and **Tony Beavor** for coordinating Dog Days in August. A special big thanks to our new volunteers and all our returning volunteers, ride guides and ride leaders. You make it all possible.

**2007 MEMBERSHIP – Special Offer!**

If you know riders, paddlers or outdoor adventurers that want to join our club and participate in SBA events, give them this newsletter and encourage them to join now. Any new memberships received now through the end of the year will be extended through the end of 2007. So take advantage of the discounts our members receive on events by becoming a member. For example, our Dauset trip is just for members...so make sure you invite your fellow riders to join the SBA. Open Houses are always open for members and non-members that want to experience the SBA way!

SBA maintains a free list server through [sba@topica.com](mailto:sba@topica.com) to inform subscribers of SBA events. If you would like to subscribe, access [www.topica.com](http://www.topica.com) and follow the directions, or contact Mary at [met925@msn.com](mailto:met925@msn.com). If you move and/or change e-mail addresses, let us know your new addresses.

2006-2007 SBA Membership Application

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Newsletter preference:  hard copy of the newsletter  online via e-mail

Subscribe to Topica List Server:

I am interested in the following opportunities:  Volunteer  Ride guide (off road)  Ride lead (on road)  
 Trail maintenance  Bike shop liaison for \_\_\_\_\_ city/ies  
 Other \_\_\_\_\_

Membership Type: New member  Renewing Member  \$25 Individual  \$35 Family

*Make your check payable to Suwannee Bicycle Association; mail to 12585 East Walton Drive, Floral City, FL 34436*

Suwannee Bicycle Association  
12585 E. Walton Drive  
Floral City, FL 34436

**Fat Tire Festival — Nov. 3-5**  
**White Springs**  
**Stephen Foster State Park**  
**www.suwanneebike.org**

*SBA News Today: Share this newsletter and our web site with your cycling family and friends.*